CLOSER

GROWING CLOSER TOGETHER IN MARRIAGE

Workshop for Engaged Couples: *Laying the Foundation*

Session 1: Conviction – Knowing in Your Heart

Objective: Help couples discern and affirm their decision through spiritual and emotional clarity.

Scripture: Psalm 11:3

Key Points:

- Understanding conviction as assurance of God's will.
- Hearing God and discerning peace.

Activities:

- Guided Journaling Prompt: "Why do I believe this is the person I'm meant to marry?"
- Couple Discussion: Share your personal conviction stories with each other.

Session 2: Confidence – Finding Peace and Stability

Objective: Explore the link between spiritual peace, confidence, and emotional stability.

Key Points:

- Confidence grows from clarity and shared faith.
- Stability is the fruit of mutual peace.

Activities:

- Peace Inventory Worksheet: Identify areas of peace and areas needing clarity.
- Role-Play Exercise: Practice resolving conflict through peaceful communication.

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Session 3: Continuity – Building Together

Objective: Equip couples to intentionally build their future.

Scripture: Psalm 11:3

Key Points:

- Invest in spiritual disciplines together.
- Seek mentorship and accountability.
- Understand and appreciate personality types.

Activities:

- Prayer Session: Pray into your future as a couple.
- Couple Mapping Exercise: Define shared values, roles, and goals.
- Personality Quiz & Discussion: Discover your temperaments and how they influence your relationship.